

YOUNG GAMBIAN DIABETES ASSOCIATION PROJECT

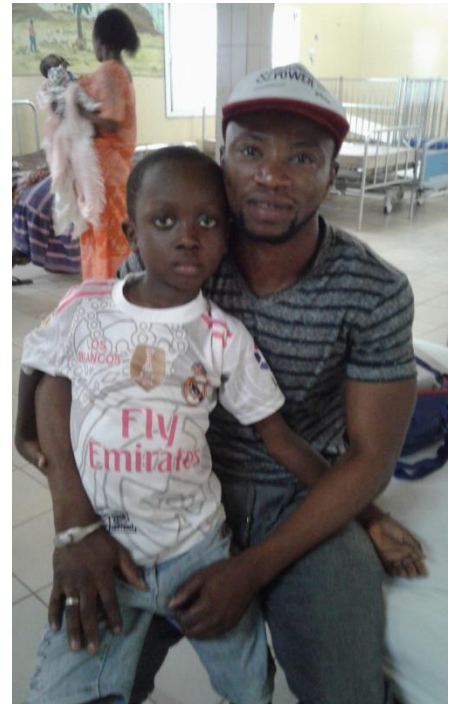
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PHASE FOUR PROJECT REPORT

August to September, 2017

As we moved in to the fourth face of the project for better improvement and monitoring of the diabetes conditions of the children, I hereby present the following report of what have been happening from August to September as it mark the fourth face of the project since its inception.

BASIRU NJIE



Basiru Njie is now a 7year old boy living with diabetes since 2016 but came in to this project early this year. He is the youngest in the project and here is his report. Basiru was in coma for Three Weeks at the Edward Francis Small Teaching Hospital from the 26th of July to the 13th of August when he was finally discharged after full recovery. As I state before Basiru`s family have a problem of accepting his diabetes but his health status currently have shape the concept of his family that his diabetes is real. He is now a happy boy in full shape. More report of Basiru will come soon in this report.

EBRIMA MENDY



Ebrima Mendy from Brikama, West Coast Region of The Gambia, is another young man living with diabetes. To be factual in some cases of these kids and young adults of this project, the concept of attitudinal change have to be imply to their daily life. The findings I have made during this project has obviously proven my believe that unless, all of us take our grounds to better our life there will be difficulties to shape our future. Ebrima was also part of those who are not ready to respond to their condition as expected. He was admitted in Pakala Clinic from the 11th to 14th of August for DKA. After series of teaching and discussion during his admission he has now turned a new page and I hope this remain with him for eternity.

EBRIMA SECKA



One of the most difficult Type1's I have ever come across in this project. Ebrima Secka has social problem and that is affecting his ability to copy with his diabetes. According to his mother, Ebrima won't do anything that will make him feel associated with friends or people outside. He have problem with eaten habit, no proper insulin injection, no testing at all and I repeat his mother said Ebrima will not Inject at the right time and won't test his blood sugar.

Base on my findings with Dr Gaye, is hard for Ebrima to understand the difference between his insulins

as of Basal Insulin and Meal Time Insulin. He is on Lantus or Abasagalar for Basal Insulin and Apidra as Meal Time Insulin. The question is how will his condition improves if he doesn't do what is expected of him as Insulin Dependent? Ebrima was admitted in August from the 9th tp 13th and in September he was admitted two times within a week. He was put in the Pakala Clinic from the 20th to the 22nd and been discharged early morning of 22nd. Shortly after reaching home he said he want to come back to the clinic for admission again which his mother did and he got admitted from the 22nd in the afternoon till the 25th of September when he was discharged. I was there with him for three days with more teaching and explanation of what he should be doing if he wants to see a better tomorrow. His mother was very concerned with him and told me a lot about him which is all regarding his attitude towards his diabetes. On that note Ebrima needs more support from his family and friends like me to shape his world. Diabetes is not the end of the world as I told him before his discharged. We all have walked this journey but here we are stronger than ever due to the faith and wiliness we have shown to our condition. He promises to be a better man and he is now 20 years old.

OUSMAN CESSAY



Ousman Cessay, a good and most willing young man who is very concerned with his condition. One of the Future Young Leaders in the project. I have no worries about him. We meet at the clinic on the 16th August when he report to me that he got a wound on his foot as he was closing from studies at night and hit his foot on a stone. His wound was dressed and given some medications for fast healing. He is now a Grade 12 student.

NDEY FATOU JAMMEH



Ndey Fatou is a new Type1 that I was asked to meet after my trip from Canada. She was brought to Pakala

Clinic and Dr Gaye has assigned me to conduct a home visit on her which I did on the 17th August. She lives with her mother and the father is no more. She was going to school but quit due to her condition and has no intention of returning to school as she said to me. All she need is to have better access to her life saving Drug (Insulin) and diabetes information to better understand herself.

And as I always do when conducting home visits for diabetes education and empowerment, I listen to what her mother said about her daughter`s diabetes and what her worries are about.. Then paid my attention to Ndey Fatou herself to tell me her story and what worries her too. She said that she has a problem with food and feel very tired if she does domestic chores at home. She is scared of injections and testing all the time. But as I said we all have gone through such stages as we were newly diagnosed but is just a matter of time to adopt to your new life with needles around u all day all night. That`s what diabetes entails Eat Healthy Foods, Inject Insulin and Exercise. Ndey Fatou lives in Tabokoto.

AMIE JOBE



She was admitted at Pakala Clinic from the 6th of September and discharged on the 22nd September. Amie got some Abbesses around her genital part and has been put in Pakala for treatment but it wasn't easy because she has been refusing for dressing the infection and that have led her to this long admission. I have a lot of complains from the Nurses when I paid her a visit at the clinic. The only thing I can do is to advice her as a young man but because of sex difference I can't talk much about her case. It seems this infection is caused by her blood sugar fluctuation. She should pay proper attention to her blood sugar levels. She said she has no machine at the moment. Mostly is hard to deal with young adults for their own safety because some of them think they know all and want to rule their life as they want. Some couples of months ago I had a discussion with Amie Jobe about her life and how she can improve her future. I told her to enroll in a Skill Training School that can earn her a living once she is done. Roland and his group can help her in one way or the other to establish a small scale business center for her where she can put

her skill in to use and make a living like Abdulrahman Jatta in Gunjur Village who is a Tailor he got support from this project, Adama Lowe in Ebou-Town who runs a hair dressing saloon. These are examples of people in the project I have put o her but she didn't respond to that plan still. I hope she will make her mind up sooner or later.

Our condolence to the late **Aminata Touray`s family**. She was also part of the new cases in the project that I didn't have the opportunity to meet her. This report came to me from Nancy, the Administrator in Pakala Clinic, that a young girl by the name Aminata Touray has died and did I know her, I replied I have

not met her before. Our prayers with her and may her soul Rest in Perfect Peace. I wish I could have a photo of her share with all.

THIS YEARS SCHOOLING FOR THREE OF THE PROJECT MEMBERS AND ONE OF THE NONE PROJECT MEMBER MAKING A TOTAL OF FOUR.

FATOUMATTA SIGHATEH



Fatoumata is attending Saint Peter`s Primary School of Lamin Village. She is now in Grade 5. I have collected her school bill and attached the bill information.

School fees ---whole year- D935.00

Two Uniforms-----D600.00

GRAND TOTAL-----D1535.00

BASIRU NJIE



Basiru is about to start schooling for the first at D HARRIS NURSERY SCHOOL in KUTO. Basiru of 7 years old will start from nursery 3 and next year he will be out in Primary 1. This is because he

needs the foundation to be able to understand what it takes to be in school and to capture the Alphabetical letters. As the Head Mater said, Basiru`s age is fit to be in Grade1 but we have agreed that let him start from Nursery3 till next year. Attached Basiru`s school bill and its details.

Inside school Expenses like school Registration, Whole Year School Fees and T-Shirt---D4460.00

Outside school Expenses like Uniforms, School Bag, Shoe, Books etc-----D1380.00

GRAND TOTAL-----D5840.00

MUHAMMED WILLIAM



Muhammed William is attending John Pickering Senior Secondary School of Lamin Village. He is a Grade 11 student of the school.

According to the Principal there is no school fees payment because the school is a Government School but the school with its PTA COUNCIL

that is the Parent, Teacher Association have come up with a Studies Class schedule in the school campus and a total of D500 is asked to be paid by all students of the school for the whole year studies session. Muhammed`s study bill and other materials needed..

Whole Year Study Bill-----D500.00

Outside School Materials, like two set of Uniforms, a Packet of Books, Business Management Test Book, Aki Olas Series Mathematic Test Book, School Bag and Shoe-----D3850.00

GRAND TOTAL-----D4350.00

AMIE JOBE`S SON (LAMIN CEESAY)



Lamin Ceesay is a son to Amie Jobe one of the project beneficiary. He is enrolled in CLUNY NURSERY SCHOOL, BANJUL. He lives with his mother Banjul and he is 3 years old. His mother is a Type1 Diabetes and his late Grandmother was also a diabetic. The story of this boy and her mother Amie Jobe can best be said by Roland. Attached school bill information.

Whole year school fees-----D3750.00

Two set of Uniforms-----D750.00

GRAND TOTAL-----D4500.00